





# HOW TO "BE THE CALM IN THE CHAOS"

Major General (Retired) Malcom Frost

## **Session Goals**

- Discuss How to BE and What to DO as a leader during crisis
- Identify critical crisis leadership tips and why they are important
- Gain perspective on how to think about what is next and prepare for the future



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## What is your "5R" Return to Work Plan?

- Reintegrate: Phased; Welcome back; Recognition; Remembrance; Child care; Mental/Spiritual wellness; Leader self-management
  Reset: Equipment/Machinery; Tech; Air filtering; Testing, health monitoring & PPE; Distance protocol; Employee feedback channels
  - Reorganize: Org review/re-design/trade-offs; Telework; Leadership; Digital solutions; Customer engagement channels; Culture changes; Lay-offs; Comp & benefits
  - Retrain: Business fundamentals; Health protocols; Digital SOPs; New hires/interns; Business process review
  - Resiliency: Leader training & development; Succession planning; HR policies; Supply chain reliance; Digital/Virtual systems

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## Self-Reflection

## Calm in the Chaos

- What does calm in the chaos look like in your position?
- What can you offer your leadership?

#### **Decisive Point**

- Where is the decisive point for you?
- Where can you exert your influence?

## Communication

- What and how are you communicating?
- What tone are you setting?

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## Learn More about MG (Ret.) Malcolm Frost

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